

DECLUTTER CHALLENGE

The Challenge

We've chosen a specific, contained area for you to declutter every day. Some of these areas will be a snap for you. Other areas may be tougher. It's okay to switch projects/days depending on your available time. Plan the day that you will come back to the area that you have skipped. Schedule it on your calendar!

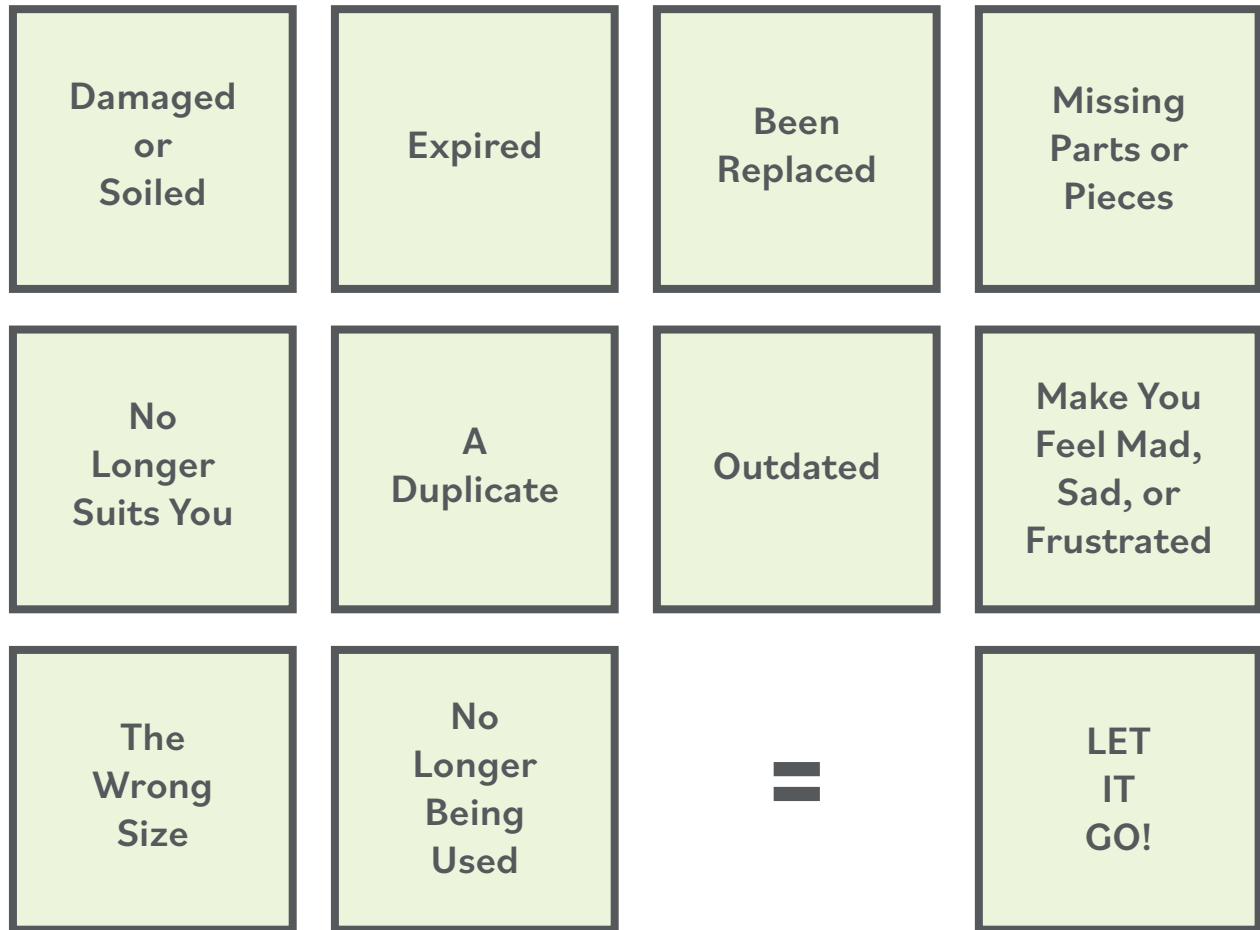


To Begin

Find a box or bag and label it "DONATIONS." Keep this box or bag in a designated, out of the way spot. Each day, when you are ready to get started, carry the box or bag to your work location, along with bags for trash and, if needed, recycling and/or shredding. Keep these bags where it's handy for loading up items you've chosen to release. When the donation bag or box is full, take it out to your car and start a new one. When your car is full, OR when you are running an errand nearby, deliver the donations items to your favorite or most convenient charitable organization.

To Declutter

If you cannot see all the contents of this category at a glance, pull it all out of it's drawer/cabinet/closet into a well-lit work space. Go through items with a critical eye. Make decisions about what items are still serving you and what items are not. And just remember— if it's...





The Schedule

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|--------------|---------------------|---------------|---------------------------|
| DAY 1 | Books | DAY 9 | Serving platters |
| DAY 2 | Cooking utensils | DAY 10 | Sheets |
| DAY 3 | Car interior | DAY 11 | User manuals & warranties |
| DAY 4 | T shirts | DAY 12 | Coats |
| DAY 5 | Water bottles | DAY 13 | Outdoor Toys |
| DAY 6 | Luggage | DAY 14 | Cosmetics |
| DAY 7 | Cleaning supplies | DAY 15 | Dresses or Suits |
| DAY 8 | Travel size samples | DAY 16 | Holiday decor |

For More Support

- Invite a friend to do the Challenge with you! Select a few “tougher” areas to work on together as a team.
- Go through the Challenge as a family. Every person in your household can choose the areas that are important to them and take charge of the declutter process. Decide on a reward that you could all enjoy together once the Challenge is successfully completed. OR make a competition out of it: Give the reward to the family member who can fill the most bags for donation!
- Join our Abundance Declutter Group on Facebook, where we will answer your questions and help you celebrate your wins throughout the challenge. Share your story there; our community is ready to support you! You might even see some Abundance organizers decluttering their own spaces!
- Abundance Organizing will be posting daily reminders and helpful tips on that day’s declutter area across all of our social media platforms. Use #abundancedeclutterchallenge to view posts from other participants on Instagram.

Good luck!! Keep us posted about your progress.



Contact Us to Learn More

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